

## ***Who Are You and What Are You Doing Here?***

**by Mark Edmundson**

Welcome and congratulations: Getting to the first day of college is a major achievement. You're to be commended, and not just you, but the parents, grandparents, uncles, and aunts who helped get you here.

It's been said that raising a child effectively takes a village: Well, as you may have noticed, our American village is not in very good shape. We've got guns, drugs, two wars, fanatical religions, a slime-based popular culture, and some politicians who – a little restraint here – aren't what they might be. To merely survive in this American village and to win a place in the entering class has taken a lot of grit on your part. So, yes, congratulations to all.

You now may think that you've about got it made. Amidst the impressive college buildings, in company with a high-powered faculty, surrounded by the best of your generation, all you need is to keep doing what you've done before: Work hard, get good grades, listen to your teachers, get along with the people around you, and you'll emerge in four years as an educated young man or woman. Ready for life.

Do not believe it. It is not true. If you want to get a real education in America you're going to have to fight – and I don't mean just fight against the drugs and the violence and against the slime-based culture that is still going to surround you. I mean something a little more disturbing. To get an education, you're probably going to have to fight against the institution that you find yourself in – no matter how prestigious it may be. (In fact, the more prestigious the school, the more you'll probably have to push.) You can get a terrific education in America now – there are astonishing opportunities at almost every college – but the education will not be presented to you wrapped and bowed. To get it, you'll need to struggle and strive, to be strong, and occasionally even to piss off some admirable people.

I came to college with few resources, but one of them was an understanding, however crude, of how I might use my opportunities there. This I began to develop because of my father, who had never been to college – in fact, he'd barely gotten out of high school. One night after dinner, he and I were sitting in our kitchen at 58 Clewley Road in Medford, Massachusetts, hatching plans about the rest of my life. I was about to go off to college, a feat no one in my family had accomplished in living memory. "I think I might want to be pre-law," I told my father. I had no idea what being pre-law was. My father compressed his brow and blew twin streams of smoke, dragon-like, from his magnificent nose. "Do you want to be a lawyer?" he asked. My father had some experience with lawyers, and with policemen, too; he was not well-disposed toward either. "I'm not really sure," I told him, "but lawyers make pretty good money, right?"

My father detonated. (That was not uncommon. My father detonated a lot.) He told me that I was going to go to college only once, and that while I was there I had better study what I wanted. He said that when rich kids went to school, they majored in the subjects that interested them, and that my younger brother Philip and I were as good as any rich kids. (We were rich kids minus the money.) Wasn't I interested in literature? I confessed that I was. Then I had better study literature, unless I had inside information to the effect that reincarnation wasn't just hype, and I'd be able to attend college thirty or forty times. If I had such info, pre-law would be fine, and maybe even a tour through

invertebrate biology could also be tossed in. But until I had the reincarnation stuff from a solid source, I better get to work and pick out some English classes from the course catalog. “How about the science requirements?”

“Take ’em later,” he said, “you never know.”

My father, Wright Aukenhead Edmundson, Malden High School Class of 1948 (by a hair), knew the score. What he told me that evening at the Clewley Road kitchen table was true in itself, and it also contains the germ of an idea about what a university education should be. But apparently almost everyone else – students, teachers, and trustees and parents – sees the matter much differently. They have it wrong.

Education has one salient enemy in present-day America, and that enemy is education – university education in particular. To almost everyone, university education is a means to an end. For students, that end is a good job. Students want the credentials that will help them get ahead. They want the certificate that will give them access to Wall Street, or entrance into law or medical or business school. And how can we blame them? America values power and money, big players with big bucks. When we raise our children, we tell them in multiple ways that what we want most for them is success – material success. To be poor in America is to be a failure – it’s to be without decent health care, without basic necessities, often without dignity. Then there are those back-breaking student loans – people leave school as servants, indentured to pay massive bills, so that first job better be a good one. Students come to college with the goal of a diploma in mind – what happens in between, especially in classrooms, is often of no deep and determining interest to them.

In college, life is elsewhere. Life is at parties, at clubs, in music, with friends, in sports. Life is what celebrities have. The idea that the courses you take should be the primary objective of going to college is tacitly considered absurd. In terms of their work, students live in the future and not the present; they live with their prospects for success. If universities stopped issuing credentials, half of the clients would be gone by tomorrow morning, with the remainder following fast behind.

The faculty, too, is often absent: Their real lives are also elsewhere. Like most of their students, they aim to get on. The work they are compelled to do to advance – get tenure, promotion, raises, outside offers – is, broadly speaking, scholarly work. No matter what anyone says this work has precious little to do with the fundamentals of teaching. The proof is that virtually no undergraduate students can read and understand their professors’ scholarly publications. The public senses this disparity and so thinks of the professors’ work as being silly or beside the point. Some of it is. But the public also senses that because professors don’t pay full-bore attention to teaching they don’t have to work very hard – they’ve created a massive feather bed for themselves and called it a university.

This is radically false. Ambitious professors, the ones who, like their students, want to get ahead in America, work furiously. Scholarship, even if pretentious and almost unreadable, is nonetheless labor-intense. One can slave for a year or two on a single article for publication in this or that refereed journal. These essays are honest: Their footnotes reflect real reading, real assimilation, and real dedication. Shoddy work – in which the author cheats, cuts corners, copies from others – is quickly detected. The people who do this work have highly developed intellectual powers, and they push themselves hard to reach a certain standard: That the results have almost no practical relevance

to the students, the public, or even, frequently, to other scholars is a central element in the tragicomedy that is often academia.

The students and the professors have made a deal: Neither of them has to throw himself heart and soul into what happens in the classroom. The students write their abstract, over-intellectualized essays; the professors grade the students for their capacity to be abstract and over-intellectual – and often genuinely smart. For their essays can be brilliant, in a chilly way; they can also be clipped off the Internet, and often are. Whatever the case, no one wants to invest too much in them – for life is elsewhere. The professor saves his energies for the profession, while the student saves his for friends, social life, volunteer work, making connections, and getting in position to clasp hands on the true grail, the first job.

No one in this picture is evil; no one is criminally irresponsible. It's just that smart people are prone to look into matters to see how they might go about buttering their toast. Then they butter their toast.

As for the administrators, their relation to the students often seems based not on love but fear. Administrators fear bad publicity, scandal, and dissatisfaction on the part of their customers. More than anything else, though, they fear lawsuits. Throwing a student out of college, for this or that piece of bad behavior, is very difficult, almost impossible. The student will sue your eyes out. One kid I knew (and rather liked) threatened on his blog to mince his dear and esteemed professor (me) with a samurai sword for the crime of having taught a boring class. (The class was a little boring – I had a damned cold – but the punishment seemed a bit severe.) The dean of students laughed lightly when I suggested that this behavior might be grounds for sending the student on a brief vacation. I was, you might say, discomfited, and showed up to class for a while with my cellphone jiggered to dial 911 with one touch.

Still, this was small potatoes. Colleges are even leery of disciplining guys who have committed sexual assault, or assault plain and simple. Instead of being punished, these guys frequently stay around, strolling the quad and swilling the libations, an affront (and sometimes a terror) to their victims.

You'll find that cheating is common as well. As far as I can discern, the student ethos goes like this: If the professor is so lazy that he gives the same test every year, it's okay to go ahead and take advantage – you've both got better things to do. The Internet is amok with services selling term papers and those services exist, capitalism being what it is, because people purchase the papers – lots of them. Fraternity files bulge with old tests from a variety of courses.

Periodically the public gets exercised about this situation, and there are articles in the national news. But then interest dwindles and matters go back to normal.

One of the reasons professors sometimes look the other way when they sense cheating is that it sends them into a world of sorrow. A friend of mine had the temerity to detect cheating on the part of a kid who was the nephew of a well-placed official in a government complexly aligned with the United States. Black limousines pulled up in front of his office and disgorged decorously suited negotiators. Did my pal fold? Nope, he's not the type. But he did not enjoy the process.

What colleges generally want are well-rounded students, civic leaders, people who know what the system demands, how to keep matters light, not push too hard for an education or anything

else; people who get their credentials and leave the professors alone to do their brilliant work, so they may rise and enhance the rankings of the university. Such students leave and become donors and so, in their own turn, contribute immeasurably to the university's standing. They've done a fine job skating on surfaces in high school – the best way to get an across-the-board outstanding record – and now they're on campus to cut a few more figure eights.

In a culture where the major and determining values are monetary, what else could you do? How else would you live if not by getting all you can, succeeding all you can, making all you can?

The idea that a university education really should have no substantial content, should not be about what John Keats was disposed to call *soul-making*, is one that you might think professors and university presidents would be discreet about. Not so. This view informed an address that Richard Brodhead gave to the senior class at Yale before he departed to become president of Duke. Brodhead, an impressive, articulate man, seems to take as his educational touchstone the Duke of Wellington's precept that the Battle of Waterloo was won on the playing fields of Eton. Brodhead suggests that the content of the courses isn't really what matters. In five years (or five months, or minutes), the student is likely to have forgotten how to do the problem sets and will only hazily recollect what happens in the ninth book of *Paradise Lost*. The legacy of their college years will be a legacy of difficulties overcome. When they face equally arduous tasks later in life, students will tap their old resources of determination, and they'll win.

All right, there's nothing wrong with this as far as it goes – after all, the student who writes a brilliant forty-page thesis in a hard week has learned more than a little about her inner resources. Maybe it will give her needed confidence in the future. But doesn't the content of the courses matter at all?

On the evidence of this talk, no. Trying to figure out whether the stuff you're reading is true or false and being open to having your life changed is a fraught, controversial activity. Doing so requires energy from the professor – which is better spent on other matters. This kind of perspective-altering teaching and learning can cause the things which administrators fear above all else: trouble, arguments, bad press, etc. After the kid-samurai episode, the chair of my department not unsympathetically suggested that this was the sort of incident that could happen when you brought a certain intensity to teaching. At the time I found his remark a tad detached, but maybe he was right.

So, if you want an education, the odds aren't with you: The professors are off doing what they call their own work; the other students, who've doped out the way the place runs, are busy leaving the professors alone and getting themselves in position for bright and shining futures; the student-services people are trying to keep everyone content, offering plenty of entertainment and building another state-of-the-art workout facility every few months. The development office is already scanning you for future donations. The primary function of Yale University, it's recently been said, is to create prosperous alumni so as to enrich Yale University.

So why make trouble? Why not just go along? Let the profs roam free in the realms of pure thought, let yourselves party in the realms of impure pleasure, and let the student-services gang assert fewer prohibitions and newer delights for you. You'll get a good job, you'll have plenty of friends, you'll have a driveway of your own.

You'll also, if my father and I are right, be truly and righteously screwed. The reason for this is simple. The quest at the center of a liberal-arts education is not a luxury quest; it's a necessity quest. If you do not undertake it, you risk leading a life of desperation – maybe quiet, maybe, in time, very loud – and I am not exaggerating. For you risk trying to be someone other than who you are, which, in the long run, is killing.

By the time you come to college, you will have been told who you are numberless times. Your parents and friends, your teachers, your counselors, your priests and rabbis and ministers and imams have all had their say. They've let you know how they size you up, and they've let you know what they think you should value. They've given you a sharp and protracted taste of what they feel is good and bad, right and wrong. Much is on their side. They have confronted you with scriptures – holy books that, whatever their actual provenance, have given people what they feel to be wisdom for thousands of years. They've given you family traditions – you've learned the ways of your tribe and your community. And, too, you've been tested, probed, looked at up and down and through. The coach knows what your athletic prospects are, the guidance office has a sheaf of test scores that relegate you to this or that ability quadrant, and your teachers have got you pegged. You are, as Foucault might say, the intersection of many evaluative and potentially determining discourses: you boy, you girl, have been made.

And – contra Foucault – that's not so bad. Embedded in all of the major religions are profound truths. Schopenhauer, who despised belief in transcendent things, nonetheless thought Christianity to be of inexpressible worth. He couldn't believe in the divinity of Jesus, or in the afterlife, but to Schopenhauer, a deep pessimist, a religion that had as its central emblem the figure of a man being tortured on a cross couldn't be entirely misleading. To the Christian, Schopenhauer said, pain was at the center of the understanding of life, and that was just as it should be.

One does not need to be as harsh as Schopenhauer to understand the use of religion, even if one does not believe in an otherworldly god. And all of those teachers and counselors and friends – and the prognosticating uncles, the dithering aunts, the fathers and mothers with their hopes for your fulfillment – or their fulfillment in you – should not necessarily be cast aside or ignored. Families have their wisdom. The question “Who do they think you are at home?” is never an idle one.

The major conservative thinkers have always been very serious about what goes by the name of common sense. Edmund Burke saw common sense as a loosely made, but often profound, collective work, in which humanity has deposited its hard-earned wisdom – the precipitate of joy and tears – over time. You have been raised in proximity to common sense, if you've been raised at all, and common sense is something to respect, though not quite – peace unto the formidable Burke – to revere.

You may be all that the good people who raised you say you are; you may want all they have shown you is worth wanting; you may be someone who is truly your father's son or your mother's daughter. But then again, you may not be.

For the power that is in you, as Emerson suggested, may be new in nature. You may not be the person that your parents take you to be. And – this thought is both more exciting and more dangerous – you may not be the person that you take yourself to be, either. You may not have read yourself aright, and college is the place where you can find out whether you have or not. The reason

to read Blake and Dickinson and Freud and Dickens is not to become more cultivated, or more articulate, or to be someone who, at a cocktail party, is never embarrassed (or who can embarrass others). The best reason to read them is to see if they may know you better than you know yourself. You may find your own suppressed and rejected thoughts flowing back to you with an “alienated majesty.” Reading the great writers, you may have the experience that Longinus associated with the sublime: You feel that you have actually created the text yourself. For somehow your predecessors are more yourself than you are.

This was my own experience reading the two writers who have influenced me the most, Sigmund Freud and Ralph Waldo Emerson. They gave words to thoughts and feelings that I had never been able to render myself. They shone a light onto the world and what they saw, suddenly I saw, too. From Emerson I learned to trust my own thoughts, to trust them even when every voice seems to be on the other side. I need the wherewithal, as Emerson did, to say what’s on my mind and to take the inevitable hits. Much more I learned from the sage – about character, about loss, about joy, about writing and its secret sources, but Emerson most centrally preaches the gospel of self-reliance and that is what I have tried most to take from him. I continue to hold in mind one of Emerson’s most memorable passages: “Society is a joint-stock company, in which the members agree, for the better securing of his bread to each shareholder, to surrender the liberty and culture of the eater. The virtue in most request is conformity. Self-reliance is its aversion. It loves not realities and creators, but names and customs.”

Emerson’s greatness lies not only in showing you how powerful names and customs can be, but also in demonstrating how exhilarating it is to buck them. When he came to Harvard to talk about religion, he shocked the professors and students by challenging the divinity of Jesus and the truth of his miracles. He wasn’t invited back for decades.

From Freud I found a great deal to ponder as well. I don’t mean Freud the aspiring scientist, but the Freud who was a speculative essayist and interpreter of the human condition like Emerson. Freud challenges nearly every significant human ideal. He goes after religion. He says that it comes down to the longing for the father. He goes after love. He calls it “the overestimation of the erotic object.” He attacks our desire for charismatic popular leaders. We’re drawn to them because we hunger for absolute authority. He declares that dreams don’t predict the future and that there’s nothing benevolent about them. They’re disguised fulfillments of repressed wishes.

Freud has something challenging and provoking to say about virtually every human aspiration. I learned that if I wanted to affirm any consequential ideal, I had to talk my way past Freud. He was – and is – a perpetual challenge and goad.

Never has there been a more shrewd and imaginative cartographer of the psyche. His separation of the self into three parts, and his sense of the fraught, anxious, but often negotiable relations among them (negotiable when you come to the game with a Freudian knowledge), does a great deal to help one navigate experience. (Though sometimes – and this I owe to Emerson – it seems right to let the psyche fall into civil war, accepting barrages of anxiety and grief for this or that good reason.)

The battle is to make such writers one’s own, to winnow them out and to find their essential truths. We need to see where they fall short and where they exceed the mark, and then to develop

them a little, as the ideas themselves, one comes to see, actually developed others. (Both Emerson and Freud live out of Shakespeare – but only a giant can be truly influenced by Shakespeare.) In reading, I continue to look for one thing – to be influenced, to learn something new, to be thrown off my course and onto another, better way.

My father knew that he was dissatisfied with life. He knew that none of the descriptions people had for him quite fit. He understood that he was always out-of-joint with life as it was. He had talent: My brother and I each got about half the raw ability he possessed and that's taken us through life well enough. But what to do with that talent – there was the rub for my father. He used to stroll through the house intoning his favorite line from Groucho Marx's ditty "Whatever it is, I'm against it." (I recently asked my son, now twenty-one, if he thought I was mistaken in teaching him this particular song when he was six years old. "No!" he said, filling the air with an invisible forest of exclamation points.) But what my father never managed to get was a sense of who he might become. He never had a world of possibilities spread before him, never made sustained contact with the best that had been thought and said. He didn't get to revise his understanding of himself, figure out what he'd do best that might give the world some profit.

My father was a gruff man, but also a generous one, so that night at the kitchen table at 58 Clewley Road he made an effort to let me have the chance that had been denied to him by both fate and character. He gave me the chance to see what I was all about, and if it proved to be different from him, proved even to be something he didn't like or entirely comprehend, then he'd deal with it.

Right now, if you're going to get a real education, you may have to be aggressive and assertive.

Your professors will give you some fine books to read, and they'll probably help you understand them. What they won't do, for reasons that perplex me, is to ask you if the books contain truths you could live your lives by. When you read Plato, you'll probably learn about his metaphysics and his politics and his way of conceiving the soul. But no one will ask you if his ideas are good enough to believe in. No one will ask you, in the words of Emerson's disciple William James, what their "cash value" might be. No one will suggest that you might use Plato as your bible for a week or a year or longer. No one, in short, will ask you to use Plato to help you change your life.

That will be up to you. You must put the question of Plato to yourself. You must ask whether reason should always rule the passions, philosophers should always rule the state, and poets should inevitably be banished from a just commonwealth. You have to ask yourself if wildly expressive music (rock and rap and the rest) deranges the soul in ways that are destructive to its health. You must inquire of yourself if balanced calm is the most desirable human state.

Occasionally – for you will need some help in fleshing-out the answers – you may have to prod your professors to see if they take the text at hand – in this case the divine and disturbing Plato – to be true. And you will have to be tough if the professor mocks you for uttering a sincere question instead of keeping matters easy for all concerned by staying detached and analytical. (Detached analysis has a place – but, in the end, you've got to speak from the heart and pose the question of truth.) You'll be the one who pesters his teachers. You'll ask your history teacher about whether there is a design to our history, whether we're progressing or declining, or whether, in the words of a fine recent play, *The History Boys*, history's "just one effin' thing after another." You'll be the one who

challenges your biology teacher about the intellectual conflict between evolution and creationist thinking. You'll not only question the statistics teacher about what numbers can explain but what they can't.

Because every subject you study is a language and since you may adopt one of these languages as your own, you'll want to know how to speak it expertly and also how it fails to deal with those concerns for which it has no adequate words. You'll be looking into the reach of every metaphor that every discipline offers, and you'll be trying to see around their corners.

The whole business is scary, of course. What if you arrive at college devoted to pre-med, sure that nothing will make you and your family happier than a life as a physician, only to discover that elementary-school teaching is where your heart is?

You might learn that you're not meant to be a doctor at all. Of course, given your intellect and discipline, you can still probably be one. You can pound your round peg through the very square hole of medical school, then go off into the profession. And society will help you. Society has a cornucopia of resources to encourage you in doing what society needs done but that you don't much like doing and are not cut out to do. To ease your grief, society offers alcohol, television, drugs, divorce, and buying, buying, buying what you don't need. But all those too have their costs.

Education is about finding out what form of work for you is close to being play – work you do so easily that it restores you as you go. Randall Jarrell once said that if he were a rich man, he would pay money to teach poetry to students. (I would, too, for what it's worth.) In saying that, he (like my father) hinted in the direction of a profound and true theory of learning.

Having found what's best for you to do, you may be surprised how far you rise, how prosperous, even against your own projections, you become. The student who eschews medical school to follow his gift for teaching small children spends his twenties in low-paying but pleasurable and soul-rewarding toil. He's always behind on his student-loan payments; he still lives in a house with four other guys (not all of whom got proper instructions on how to clean a bathroom). He buys shirts from the Salvation Army, has intermittent Internet, and vacations where he can. But lo – he has a gift for teaching. He writes an essay about how to teach, then a book – which no one buys. But he writes another – in part out of a feeling of injured merit, maybe – and that one they do buy.

Money is still a problem, but in a new sense. The world wants him to write more, lecture, travel more, and will pay him for his efforts, and he likes this a good deal. But he also likes staying around and showing up at school and figuring out how to get this or that little runny-nosed specimen to begin learning how to read. These are the kinds of problems that are worth having and if you advance, as Thoreau said, in the general direction of your dreams, you may have them. If you advance in the direction of someone else's dreams – if you want to live someone else's life rather than yours – then get a TV for every room, buy yourself a lifetime supply of your favorite quaff, crank up the channel, and groove away. But when we expend our energies in rightful ways, Robert Frost observed, we stay whole and vigorous and we don't grow weary. "Strongly spent," the poet says, "is synonymous with kept."